

# Hamilton Urban Core Fact Sheet 3

## Neighbours, Friends and Families Diverse Immigrant and Refugee Communities Hamilton Campaign

Highlight of NFF Hamilton Activities and Strategies

- **“Feeling Good Inside and Out for Women of Colour”**  
Feeling Good was a gentle outreach approach and trust building discussion group activity for women from the Sudanese and Roma communities.
- **“Roma Women’s Café”**  
The Roma Women’s Café is a unique outreach approach identified through consultation with community members who were asked about the most culturally appropriate way to reach women in the Roma community.
- **“EID Away from Home”**  
This strategy was developed to outreach to people in the community during a time when many face a great deal of isolation and stress. The project team felt that this was a great trust building opportunity and engaged people at a time that is very important to them.

Linkages with other organizations:

- **Miag** is one of the 9 NFF project agencies with which there was information exchange about support systems for women and project updates and comparisons.
- **Downtown Hamilton Mosque** met with the Imam and other leaders to share the message of NFF and garner community support and participation in the project.
- **Mental Health, Addictions and Violence Against Women Steering Committee** *connected to the Ontario Woman Abuse Screening Project* serving as tri-chair of this Steering Committee.
- **Children’s Aid Society** engagement resulted in a new NFF Committee member representing the local Children’s Aid Society.
- **Neighbour to Neighbour Family Centre** is an information sharing linkage about their programs and services
- **Woman Kind Addictions Services** is a supportive networking linkage to facilitate client access to services.

On average, seven per cent of Ontario women living in a common-law or marital relationship are victims of violence from a spousal partner. Just over one-third of spousal assaults are reported to the police – many go unreported.

- Ontario Safety Association for Community & Healthcare

More information, including awareness raising and promotional materials, can be found on the Neighbours, Friends and Families website at [www.neighboursfriendsandfamilies.on.ca](http://www.neighboursfriendsandfamilies.on.ca).