



**Amazwi Abantu, Voices of the People**  
**A Knowledge Exchange about Resilience**  
**AUGUST 8, 9 and 10**

**Where: Hamilton Convention Centre by Carmens**

1 Summers Lane  
 Hamilton ON L8P 4Y2

Registration starts at 7:30 am each day  
 Knowledge Exchange Event: 8:30 am - 5:30 pm August 8<sup>th</sup> & 9<sup>th</sup>  
 8:30 am – 2:30 pm August 10<sup>th</sup>

Please print and complete one registration form for each attendee fax to: 905 522 3433 or email: [amazwiabantu@hucchc.com](mailto:amazwiabantu@hucchc.com)

<b>FIRST NAME:</b>	<b>LAST NAME:</b>			Please send me information about other programs or events Yes <input type="checkbox"/> Email: _____ <input type="checkbox"/> Mail	
<b>ADDRESS:</b>	<b>CITY:</b>	<b>COUNTRY:</b>	<b>POSTAL CODE:</b>		<b>ORGANIZATION OR PROFESSIONAL AFFILIATION:</b>
<b>TELEPHONE:</b>	Do you require an interpreter? If <b>yes</b> please list the language:			Do you have any food allergies or dietary restrictions? If <b>yes</b> please specify:	

**Registration Fees and Selection**

<b>3 DAYS</b> August 8 <sup>th</sup> , 9 <sup>th</sup> , and 10 <sup>th</sup>	<b>2 DAYS</b> Please check which 2 days you will be attending <input type="checkbox"/> August 8 <sup>th</sup> <input type="checkbox"/> August 9 <sup>th</sup> <input type="checkbox"/> August 10 <sup>th</sup>	<b>PRICE PER DAY</b> Please check which day you will be attending <input type="checkbox"/> August 8 <sup>th</sup> <input type="checkbox"/> August 9 <sup>th</sup> <input type="checkbox"/> August 10 <sup>th</sup>
<input type="checkbox"/> ORGANIZATIONS - \$500 <input type="checkbox"/> COMMUNITY MEMBER/ STUDENT - \$225 <input type="checkbox"/> PEOPLE WITH LIVED EXPERIENCE no charge	<input type="checkbox"/> ORGANIZATIONS - \$350 <input type="checkbox"/> PEOPLE WITH LIVED EXPERIENCE no charge	<input type="checkbox"/> ORGANIZATIONS - \$200 <input type="checkbox"/> COMMUNITY MEMBER/ STUDENT - \$75 <input type="checkbox"/> PEOPLE WITH LIVED EXPERIENCE no charge

**Total: \$** \_\_\_\_\_

**Cheques can be made payable to and submitted with your Registration before July 26<sup>th</sup>, 2019:**

Hamilton Urban Core Community Health Centre  
 71 Rebecca Street Hamilton, ON L8R 1B6

## LEARNING AND EXCHANGE PODS (LEP)

**August 8, 2019 and August 9, 2019 2:00 pm**

Please select **2 LEARNING AND EXCHANGE PODS (LEP)** or; **2 YOUTH IMBIZOs (YI)**; or a combination of **1 LEP and 1 YI** by marking an **X** beside your choice

**August 8, 2019 and August 9, 2019 3:15 pm**

Please select **2 LEARNING AND EXCHANGE PODS (LEP)** or; **2 YOUTH IMBIZOs (YI)**; or a combination of **1 LEP and 1 YI** by marking an **X** beside your choice

<b>LEP-1</b> Employment and Income Security: Who is getting the work and why?	<b>LEP- 6</b> Housing Matters: My R.O.O.F (Resting on Other's Floor)
<b>LEP-2</b> It's Structural and Political: Poverty and Racism and the Racialization of Poverty	<b>LEP-7</b> Reflections: Youth Justice in Black & White
<b>LEP-3</b> When Poverty Makes People Sick: Are visible minorities invisible in Canada's Health Care System?"	<b>LEP- 8</b> You Have Arrived: Now, what does integration look like?
<b>LEP- 4</b> Having Our Voices Heard: The effects of Gender, Place and Time	<b>LEP- 9</b> Agents of Change: Community Mobilization and Leadership Development
<b>LEP-5</b> Where I Live: The Relationship Between Poverty and the Environment	<b>LEP-10</b> Beyond the Classroom: How can education become accessible and relevant

## YOUTH IMBIZOs (YI)

<b>YI-1</b> I'm L.I.T "Leader In Training"	<b>YI-4</b> Thriving in The New World of Work
<b>YI-2</b> Not Just Singing and Dancing: Culture as a Form of Resilience & Resistance	<b>YI-5</b> Blurred Lines: When Access is Colour Coded
<b>YI-3</b> It Doesn't Have to Be This Way; "I am not just a Health risk statistic"	<b>YI-6</b> No Place to Call Home

Registrations can be submitted by fax, email or in person to:  
 Hamilton Urban Core Community Health Centre 71 Rebecca Street (corner of John and Rebecca Streets)  
 Fax: 905 522 3433 or Email: [amazwiabantu@hucchc.com](mailto:amazwiabantu@hucchc.com). Website [www.amazwiabantu.org](http://www.amazwiabantu.org)  
 For more information, contact Nadine at 905-522-3233 extension 248.

**SPACE IS LIMITED – REGISTER TODAY!**

# Amazwi Abantu, Voices of the People

## A Knowledge Exchange about Resilience

*“the courage to lead, the courage to change”*

### Session Descriptions

#### Learning Exchange Pods

##### **LEP-1** *Employment and Income Security: Who is getting the work and why?*

Over the past couple of years there has been significant effort and attention given to strategies to implement a \$15.00 per hour minimum wage, or to establish and support a living wage or to pilot Basic Income projects. At the same time, it is assumed that Ontario’s employment eco system is designed to cultivate a pipeline of eager, diverse and job-ready talent with all the appropriate skills. And, rapid technological advancements and the rise of the gig economy has begun cultivating a new landscape for those seeking employment. So, how do you move from poverty to attaining income security? What achievements have been made with minimum wage, living wage or basic income initiatives?

##### **LEP-2** *It’s Structural and Political: Poverty and Racism and the Racialization of Poverty*

The pernicious effects of poverty represent a significant health barrier. While poverty is a critical connection that is closely identified as a determinant of health and of the worst health outcomes, poverty alone does not explain – and, indeed, denies - the lived reality for the thousands of people who are also affected by racism. Much of the debate in this area considers ways to measure poverty and ways to measure racism, rather than focusing efforts on ways to mitigate the effects of poverty and racism. This panel discussion will present the significant health inequities and the systematic differences in the health status of marginalized and racialized individuals and groups and communities and the real “cost”.

##### **LEP-3** *When Poverty Makes People Sick: Are visible minorities invisible in Canada’s Health Care System?”*

This session takes a critical look at poverty and racism - Anti-Black racism, anti-Indigenous racism and Islamophobia in Canada and its impact on the health and well being of the respective communities. The panel will look back, at a high level, to unpack the relevant history, its effect and how it has negatively contributed to the ongoing legacy of poor health access, and poor health outcomes amongst Black and Aboriginal communities and how harm continues through condemning of a single religion. This is an important look at the damage that has been done by racism and discrimination and offers knowledge as a stepping stone for building health alternatives.

#### ***LEP-4 Having Our Voices Heard: The effects of Gender, Place and Time***

This interactive learning and knowledge exchange will explore the impact of health, security, equity and the human rights of racialized and marginalized women who disproportionately live in poverty and face greater risks to their lives. When women are poor, their rights are most often not protected. They face obstacles that may be extraordinarily difficult to overcome. This results in deprivation in their own lives and losses for the broader society and economy, as women's productivity is well known as one of the greatest generators of economic dynamism. While both men and women suffer in poverty, gender discrimination means that women have far fewer resources to cope. They are likely to be the last to eat, the ones least likely to access healthcare, and routinely trapped in time-consuming, unpaid domestic tasks. (WHO, Women in Poverty 2014)

#### ***LEP-5 Where I Live: The Relationship Between Poverty and the Environment***

The physical conditions of the environment in which people are born, live, learn, play, work, and age becomes more than just a “place to live” it becomes home, a community, a familiar place where bonds are created. When where you live or where your children go to school is in disrepair or polluted by lead in the walls or asbestos in the insulation it impacts the health of the family including the children. When the environment around your community become polluted by big production companies, encroachment upon by big developers it impacts through a wide range of health, mental functioning capabilities, and quality-of-life. This session takes a look at the contributing factors that lead to displacement and social anxiety when the environment is not conducive to healthy growth, which includes access to food and nutrition.

#### ***LEP-6 Housing Matters: My R.O.O.F (Resting on Other's Floor)***

There is a housing crisis – a shortage of safe, affordable housing. In addition, insufficient housing quality is associated with stress and mental health impacts. Many families and individuals are displaced and homeless due to high rental increase and gentrification happening in communities across the province. Urban planners are occupying long lived family communities as “Areas of Business” and “Real Estate Hub” for the well to do working class. This new trend is causing many to be pushed out of their community and out of a place to call home. This session looks at homelessness and how gentrification is continuing to displace families and individuals and what are the necessary steps to stop this process of intentional displacement.

#### ***LEP-7 Reflections: Youth Justice in Black & White***

Racial and ethnic disparities have long-plagued juvenile justice systems nationwide, and data shows the problem is increasing. When there is a visible increase in black body policing and an increase in the detention centers across the province it begs to ask what is happening with and to our young people. This session looks at the factors such as lack of health and education resources, Housing, basic needs and other social determinants that contribute to young people being placed in precarious positions that lead them into the hand of the justice system.

### **LEP-8** *You Have Arrived: Now, what does integration look like?*

Imagine moving to a new country where you don't speak the language, or perhaps aren't fully fluent, and the skills and education you spent years honing don't apply. When just being friendly doesn't apply. Or where do you start when you have spent years in a refugee camp and life has been interrupted for so long that other supports are needed. This session takes a look at the complexity of immigrants and refugees who are enthusiastic about starting a new life but are then faced with multiple barriers of poverty, race, language and ethnicity. How can we change the narrative of these experiences? What will it take to dismantle systemic and institutional racism and exclusion when it comes to immigrants and refugees.

### **LEP-9** *Agents of Change: Community Mobilization and Leadership Development*

Community mobilization is dependent on building trust across communities or neighbourhoods around a common cause or a series of common issues. In most situations, the assets needed for leadership development or community mobilization or change already exist within the community of focus. The question, then, becomes one of desire, commitment and willingness to serve in a role until the goal is achieved. This session is intended to explore the need for community mobilization and whether gathering and organizing people is a viable strategy for tackling poverty, racism and other forms of exclusion or for having voices heard.

### **LEP-10** *Beyond the Classroom: How can education become accessible and relevant*

Educational attainment is rapidly changing and with this change many are being left behind. Many individuals are insufficiently supported by existing school and community systems due to lack of resource and access. They are then largely stigmatized and face systemic barriers such as but not limited to: need for better supports for different learning styles; greater need for relevant and engaging curriculum and/or programming; and need for systemic capacity building for individuals to effectively advocate for their educational needs and resources to help achieve these needs. This session hopes to discuss the current state of access to education and use a community-based approach to define what educational looks like in urban communities.

**Youth Imbizo** (Word origin of 'imbizo' from Zulu Ibiza to call or summon.)

### **YI-1** *I'm L.I.T "Leader In Training"*

This session delves into what the foundations and changing roles are of a leader, while understanding the impact of one's own personal development and biases, and exploring and using the dynamics of change as an opportunity to learn and grow. Participants will also be asked to consider how collective impact and the power of inclusion influences the team or those around you and how does this pave the way for potential to birth new leaders.

### **YI-2** *Not Just Singing and Dancing: Culture as a Form of Resilience & Resistance*

Throughout history music, song, theatre, dance have been used in making statements of resistance against the wrongs in society or in signaling victory after surviving social or political assaults on the values and lives we hold dear. From rap music to country sounds to hymns at marches, from fine art to graffiti, from banned dances to reclaimed expressions, from classical poetry to spoken word – culture has been used as a vehicle for communicating change or confirming what is valued. Join this opportunity to examine identity and collective strength through art and culture, raise critical questions and explore the driving force of cultural wisdom, knowledge, tradition's and resistance.

### **YI-3** *It Doesn't Have to Be This Way; "I am not just a Health risk statistic"*

In many ways, our perception of risk is irrational. A health risk is the chance or likelihood that something will harm or otherwise affect our health. Risk doesn't mean that something bad will definitely happen. But what are these health risk factors connected to poverty, isolation, marginalization and racism? Why are these risk factors higher in some communities and neighbourhoods? This session takes a critical look at how who you are and where you live affects your access to health and health services and discusses who is counted and who left out.

### **YI-4** *Thriving in The New World of Work*

When we consider that basic reading, writing, computer, and oral communications skills are not only vital to meeting everyday needs but also the necessary to effective job search strategies and sustainable employment, we can clearly see a correlation between youth who are disconnected from education and the labor market. This session aims to help you better understand the changing environment of skills and demands being made by employers and the impacts these changes have on youth as they transition from community to school to work.

### ***YI-5 Blurred Lines: When Access is Colour Coded***

Populist politics and silo thinking are dangerous and damaging to any vibrant and upcoming community. We are seeing the normalization of poverty with responsibility for this trend being placed on individual failures rather than structural and systemic practices. In this way, any increase in poverty rates or over-representation of people of color is seen as acceptable, even natural. In this interactive session our presenters will bring forward information about the barriers and opportunities and hope to inspire you to consider new strategies to facilitate a discussion about the potential for change and the impact you have in this change making process.

### ***YI-6 No Place to Call Home***

20% of the homeless population in Canada is comprised of youth between the ages of 13-24. In a given year, there are at least 35,000-40,000 youth experiencing homelessness. What is being done to curb this dilemma? Are you an agent of change? This session takes a look at the social determinants of health and its impact on youth homelessness with a focus of policing of poor and racialized and marginalized persons in urban communities. Understanding the root causes of youth homelessness will be an important part of this session and any efforts moving forward, particularly in regards to youth who are refugees or who experience racism, over-policing, social exclusion and so on.